

Date \_\_\_\_\_

Dear Principal \_\_\_\_\_,

This letter is to inform you that we are exercising our rights under N.J.A.C. 18A:35-4.7 which states:

*18A:35-4.7. Parent's statement of conflict with conscience*

*Any child whose parent or guardian presents to the school principal a signed statement that any part of the instructions in health, family life education or sex education is in conflict with his conscience, or sincerely held moral or religious beliefs shall be excused from that portion of the course where such instruction is being given and no penalties as to credit or graduation shall result therefrom.*

Accordingly, based on our sincerely held beliefs, our child(ren):

Child 1 \_\_\_\_\_ Child 3 \_\_\_\_\_

Child 2 \_\_\_\_\_ Child 4 \_\_\_\_\_

Shall immediately be excused from any instruction in health, family life education or sex education identified below.

- |   |  |
|---|--|
| ___ Social and Sexual Health              | ___ Lifelong Fitness                             |
| ___ Pregnancy and Parenting               | ___ Nutrition                                    |
| ___ Emotional Health                      | ___ Personal Safety                              |
| ___ Personal Growth and Development       | ___ Health Conditions, Diseases and Medicines    |
| ___ Community Health Services and Support | ___ Alcohol, Tobacco and other Drugs             |
| ___ Movement Skills and Concepts          | ___ Dependency, Substance Disorder and Treatment |
| ___ Physical Fitness                      |  |

Other: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

This directive shall remain in effect until withdrawn in writing by us. We expect that our rights will be respected in this matter and will be verifying with our child(ren) what they are being taught to ensure that our rights and beliefs are being respected. Kindly provide confirmation of receipt of this letter.

Sincerely,

\_\_\_\_\_

(Parent or guardian signature)

\_\_\_\_\_

(Print Name)